

## WHAT IS CLAIMED IS:

1. A method for feeding an infant with milk equivalent, the method comprising:

- (a) feeding the infant by fore-milk equivalent; and
- (b) feeding the infant by hind-milk equivalent.

2. The method of claim 1, wherein said fore-milk equivalent has a volume of 30 - 60 % of a total meal fed to the infant and a percentage of fat of 2.5 - 3.5 %, and said hind-milk equivalent has a volume of 40 - 70% of the total meal and a percentage of fat of 3.7 - 5.5 %.

3. The method of claim 1, wherein said feeding is performed either by feeding said fore-milk equivalent and said hind-milk equivalent one after another or by first feeding said fore-milk equivalent which is gradually admixed with said hind-milk equivalent.

4. The method of claim 2, wherein the percentage of said fore-milk equivalent in the total meal volume is 31 - 47 % and the fat content therein is 2.8 % - 3.3 %, and the percentage of said hind-milk equivalent in the total meal volume is 53 - 67 % and the fat content therein is 4.5 % - 5 %.

5. The method of claim 4, wherein the percentage of said fore-milk equivalent in the total meal is 40 % and the fat content therein is 3 %, and the percentage of said hind-milk equivalent in the total meal volume is 60 % and the fat content therein is 4.8 %.

6. The method of claim 1, wherein said feeding is performed using two bottles, one being filled with said fore-milk equivalent and one being filled with said hind-milk equivalent, the contents of said bottles being forwarded one after the other.

7. The method of claim 1, wherein said feeding is performed with a bottle which is divided into two compartments, one being filled with said fore-milk equivalent and the other being filled with said hind-milk equivalent, the bottle being designed in such a manner enabling the infant to consume at first said fore-milk equivalent and thereafter said fore-milk equivalent gradually admixed with said hind-milk equivalent.

8. A kit for feeding an infant with milk equivalent, the kit comprising:
- (a) a first container containing a fore-milk equivalent formula; and
  - (b) a second container containing a hind-milk equivalent formula.

9. The kit of claim 8, wherein said fore-milk equivalent formula has a percentage of fat of 2.5 - 3.5 %, and said hind-milk equivalent formula has a percentage of fat of 3.7 - 5.5 %.

10. The kit of claim 8, wherein said fore-milk equivalent formula has a percentage of fat of 2.8 - 3.3 %, and said hind-milk equivalent formula has a percentage of fat of 4.5 - 5 %.

11. The kit of claim 8, wherein said fore-milk equivalent formula has a percentage of fat of 3 %, and said hind-milk equivalent formula has a percentage of fat of 4.8 %.

12. The kit of claim 8, wherein an amount of said hind-milk equivalent formula in the kit is between 1.5 and 2.3 fold an amount of said fore-milk equivalent formula in the kit.

13. The kit of claim 8, wherein said fore-milk equivalent formula and said hind-milk equivalent formula is each independently selected from the group consisting of a soy base milk equivalent formula and milk base milk equivalent formula.

14. The kit of claim 8, wherein said fore-milk equivalent formula and said hind-milk equivalent formula is each independently selected from the group consisting of a powder milk equivalent formula and a liquid milk equivalent formula.